



DOS PUEBLOS HIGH SCHOOL

SANTA BARBARA HIGH SCHOOL DISTRICT
7266 ALAMEDA AVENUE, GOLETA, CALIFORNIA 93117
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NATIONAL BLUE RIBBON SCHOOL • CALIFORNIA DISTINGUISHED SCHOOL

ATHLETIC DEPARTMENT - Physical Form

[ATHLETE INFORMATION]

Student Name: _____ Grade: 9 10 11 12 Year: 20____

Parent/Guardian Name: _____ Phone: (____) _____ - _____

Street Address: _____

ATHLETIC INSURANCE INFORMATION STATEMENT

The California Education Code Section 3221 requires public schools to make available for each member of an athletic team insurance protection for medical and hospital expenses resulting from accidental bodily injuries in one of the following amounts:

- A group or individual medical plan with accidental benefits of at least two hundred dollars (\$200) for each occurrence and major medical coverage of at least ten thousand dollars (\$10,000) with no more than one hundred dollars (\$100) deductible and no less than eighty percent (80%) payable for each occurrence.
- Group or individual medical plans which are certified by the Insurance Commissioner to be equivalent to the required coverage of at least one thousand, five hundred dollars (\$1,500).
- At least one thousand, five hundred dollars (\$1,500) for all such medical and hospital expenses.

The insurance otherwise required by this section shall not be required for any individual team member or student who has such insurance or a reasonable equivalent of health benefits coverage provided for him in any other way or manner, including, but not limited to purchase by himself, or by his parent or guardian.

I have sent a check for accident insurance as indicated below in order to meet the requirements of the California law (check the appropriate response(s)):

- Tackle Football Insurance (covers tackle football only) **OR**
 School Time Insurance (covers sports other than football) **OR**
 Full Time Insurance (covers sports other than football) **OR**
 I have health or accident insurance for my daughter or son which meets the requirements of California law and elect not to purchase student insurance (list company name, policy or Group #).

[INSURANCE INFORMATION]

Company Name: _____ Policy or Group#: _____

[PARENT/GUARDIAN SIGNATURE]

I will promptly notify the school in the event insurance coverage no longer applies to my son or daughter.

Signature: _____ Date: _____

OFFICE USE ONLY - Clearance Check

Student Name: _____ Exp. Date: _____

[SPORT] [1]: _____ [2]: _____ [3]: _____ [4]: _____

Dos Pueblos High School

Code and Contract for Participation in Extra- and Co-Curricular Activities

For the purposes of this contract extracurricular activities are defined as those which "are not graded, do not offer credit and do not take place during classroom time. These activities are supervised or financed by the school district, and student participation is not obligatory. Extracurricular activities include both preparations for performance and performance before an audience or spectators... Co-curricular activities are programs that may be associated with the curriculum in a regular classroom where students earn credit and are graded" (SBSD AR 6145).

Philosophy

When Dos Pueblos students participate in extra- and/or co-curricular activities, they represent not only themselves but also their families, our school, and our community. **They are expected to display appropriate and acceptable standards of behavior and sportsmanship —on and off the field, in and out of school, including nights and weekends, and in or out of the season of sport or activity.**

Because Dos Pueblos High School believes that strong extra- and co-curricular programs create and maintain a positive school climate and fosters student responsibility, DPHS students are encouraged to participate in a wide variety of activities and programs including, but not limited to, athletics, leadership, instrumental and vocal music, robotics, clubs, dances, Homecoming and related activities, graduation and related activities, and the like. Participation in extra- and co-curricular activities is a privilege, not a basic right of students. The school has the authority to revoke this privilege. It is in this context that the below-stated expectations have been established for all students who wish to be involved in extra- and co-curricular programs.

Eligibility

Students must have earned a 2.0 grade point average in the academic quarter immediately preceding that of participation to be eligible for extra- and co-curricular activities (SBSD AR 5170). Students must also be making minimum progress toward meeting all high school graduation requirements. Athletes are further subject to all eligibility requirements established by the Channel League and the California Interscholastic Federation.

Behavior

All participants are expected to display responsible behavior and good citizenship, respect the rights of others, and abide by all school rules. Because participation in extra- and co-curricular activities is a privilege, students participating in such programs are held to a higher standard of behavior. **Any documented conduct known to have occurred during or after school hours by a participant which brings discredit to himself/herself, the program, or the school is not acceptable and may be grounds for removal from the extra- or co-curricular activity.** In addition, violations of school rules are subject to standard disciplinary consequences. Should a student's behavior warrant suspension from school, that student will be suspended from all participation in the extra- or co-curricular activity (including practices and rehearsals if applicable) for the period of the suspension and will, at the discretion of the administration, result in removal from the activity for the duration of the season or semester and may result in removal from the activity for the subsequent season or semester.

Attendance

Students must be in full attendance on the day of the activity in which they are participating. A pupil is truant if he or she is absent without approved excuse.

Transportation

Participants must travel to and from off-campus activities in transportation provided for or arranged by the school. Students may be released to their parents or guardians following any off-campus contest or event provided that the parent communicate directly with the coach prior to leaving; however, under no circumstances are students to be released to any other party. Exceptions require a written arrangement one day prior to the event between the participant's parent/guardian and either the coach or athletic director in the case of athletic contests or the advisor or an administrator in the case of other activities. No student shall drive himself/herself or others to or from any off-campus extra- or co-curricular event without prior administrative approval. Such approval will require a written agreement signed by administration, parent/guardian, and student.

Assumption of Risk

There are risks involved in extra- and co-curricular activities. These include, but are not limited to, potential injury to body, health, and general well-being. Students are required to follow all rules, regulations, and safety procedures associated with each extra- or co-curricular activity in which they participate. Participants assume all risks associated with participation and agree to hold the school, school district, and its employees harmless from any and all liability and claims that may arise as a result of said participation.

Financial Responsibility

All participants in extra- and co-curricular activities are financially responsible for all equipment checked out to them or care of which is entrusted to them. Failure to return equipment in reasonable condition may result in an incomplete grade, the withholding of transcripts and registration for the following semester and/or the revocation of the privilege to continue in the program until the debt is cleared.

Dropping an Activity

No participant may drop one activity and become involved in another without the mutual consent of all parties involved.

**CALIFORNIA INTERSCHOLASTIC FEDERATION
SOUTHERN SECTION**

10932 Pine Street, Los Alamitos, CA 90720
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ATHLETIC DEPARTMENT - CIF Code of Ethics

Athletics is an integral part of the school's total educational program. All school activities, curricular and extra-curricular, in the classroom and on the playing field, must be congruent with the school's stated goals and objectives established for the intellectual, physical, social and moral development of its students. It is within this context that the following Code of Ethics is presented.

As an athlete, I understand that it is my responsibility to

- a. Place academic achievement as the highest priority
- b. Show respect for teammates, opponents, officials and coaches.
- c. Respect the integrity and judgment of game officials.
- d. Exhibit fair play, sportsmanship and proper conduct on and off the playing field.
- e. Maintain a high level of safety awareness.
- f. Refrain from the use of profanity, vulgarity and other offensive language and gestures.
- g. Adhere to the established rules and standards of the game to be played.
- h. Respect all equipment and use it safely and appropriately.
- i. Refrain from the use of alcohol, tobacco, illegal and nonprescription drugs, anabolic steroids or any substance to increase physical development or performance that is not approved by the United States Food and Drug Administration, Surgeon General of the United States or American Medical Association.
- j. Know and follow all state, section and school athletic rules and regulations as they pertain to eligibility and sports participation.
- k. Win with character, lose with dignity.

With my signature below, I acknowledge that I understand the provisions of this contract and the expectations of Dos Pueblos High School regarding my personal conduct. I further specifically understand that certain provisions of this contract extend to my personal conduct outside of school in non-school-related situations. I pledge to support the spirit and intent of this contract and to represent Dos Pueblos High School to the best of my ability at all times.

Name of Student _____ Date _____
Please print

Signature of Student _____

As a parent, I support the efforts of Dos Pueblos High School to encourage and enforce proper standards of conduct for my child. With my signature below, I acknowledge and understand the provisions of this contract and the expectations of Dos Pueblos High School regarding my son/daughter both in school and in non-school-related situations and pledge to support the spirit and intent of this contract.

Name of Student _____ Date _____
Please print

Signature of Parent _____

